

	LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO	DOMENICA
08:30 09:00		08:30-9:30 <b>PILATES</b> Ilaria					
09:00 09:30							
09:30 10:00							
10:00 10:30							10:00-11:00 <b>GRAVITY</b> Team Scuola28
10:30 11:00							
11:00 11:30						11:00-12:00 <b>GRAVITY</b> Ilaria/Erica/Julie	11:00-12:00 <b>GRAVITY</b> Team Scuola28
11:30 12:00							
12:00 12:30							12:15-13:15 <b>SUNDAY CLASS</b> Team Scuola28
12:30 13:00							
13:00 13:30							
13:30 14:00							
14:15							
17:00 17:30							
17:30 18:00					17:30-18:30 <b>GRAVITY HIIT</b> Erica	17:30-18:30 <b>GRAVITY</b> Julie	
18:00 18:30							
18:30 19:00	18:30-19:30 <b>PILATES</b> Julie		18:30-19:30 <b>BARRE WORKOUT</b> Ilaria	18:15-19:15 <b>YOGA SOFT</b> Angelica			
19:00 19:30				19:00-20:00 <b>ADULT HIP HOP</b> Aurora	19:00-20:00 <b>ADULT BALLET</b> Julie		
19:30 20:00	19:30-20:30 <b>HIIT</b> Julie	19:30-20:30 <b>GRAVITY</b> Erica	19:30-20:30 <b>GRAVITY HIIT</b> Ilaria	19:15-20:15 <b>YOGA VINYASA</b> Angelica			
20:00 20:30							
21:00 21:30							